Charity number 1145200

A company limited by guarantee number 07834303

# Annual Report and Financial Statements for the year ended 31 March 2024





# Annual Report and Financial Statements for the year ended 31 March 2024

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Prepared by West Yorkshire Community Accountancy Service CIO

#### Trustees' report for the year ended 31 March 2024

#### Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name Position Dates

Saba Salman Chair
Jackie Howes Vice Chair
Claire Tibble Treasurer

Sara Wheeler Charlie Simpson Carol McBride

Dr. Georgia Pavlopoulou

**Charity number** 1145200 Registered in England and Wales

Company number 07834303 Registered in England and Wales

Registered and principal address Bankers

26 Mallard View The Co-Operative Bank

Oxenhope PO Box 101
Keighley 1 Balloon Street
West Yorkshire Manchester
BD22 9JZ M60 4EP

Independent examiner

Alan Dodd FCCA

**West Yorkshire Community Accountancy Service CIO** 

Stringer House 34 Lupton Street Leeds

LS10 2QW

#### Structure, governance and management

The charity is a company limited by guarantee and was formed on 3 November 2011. It is governed by a memorandum and articles of association. The liability of the members in the event of the company being wound up is limited to a sum not exceeding £10.

#### Method of recruitment and appointment of trustees

The trustees of the charity are also the directors for the purposes of company law and are appointed by the members at the AGM.

#### Trustees' report (continued) for the year ended 31 March 2024

#### Objectives and activities

#### The charity's objects

To relieve the distress experienced by people who grow up with a brother or sister with special needs or disability (hereinafter referred to as siblings) with the object of improving their quality of life; the advancement of the education of professional workers, policy makers, service providers and the general public into the needs of siblings; the promotion of research and models of good practice in sibling support and to disseminate the useful results thereof.

#### The charity's main activities

Sibs provides information and support by email, online resources, written resources, workshops and events for young siblings, adult siblings and parents and carers of young siblings. Sibs works with professionals and service providers to influence service provision to siblings and to enhance their skills in supporting siblings. We provide training, consultancy, email and online information on developing and delivering sibling support. We raise awareness of sibling issues through presentations and the media. Sibs works with researchers, practitioners and siblings to understand the needs of siblings and collect evidence of best practice in sibling support.

#### Public benefit statement

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit. The issues affecting siblings and their families are found throughout the population. Sibs' services and resources are available to any member of the public who needs information and support with a sibling issue. Through our education and policy work we attempt to raise the awareness of sibling issues amongst the general public. Through our development of best practice, we aim to enhance our resources and services. All our findings are available to members of the public, service providers, siblings and their families.

#### Achievements and performance

#### Direct support to young siblings

#### YoungSibs Service

Our enquiry work with young siblings has continued to grow with an increasing number of siblings contacting the charity for advice through the 'Ask a Sibling Advisor' function on the website. Overall, users and views of the Young Sibs pages are up by 78% on the previous year. We are seeing an increase in complex queries from young siblings, including siblings who have their ow additional needs.

"My brother is autistic and sometimes I feel like I don't get enough attention. Also I think I'm autistic"

"What can I do if I'm feeling worried about my brother having seizures? Pls answer"

We have been adding disabilities and conditions to our online directory for young siblings. This information has been verified with specialist groups or health professionals. We are also systematically updating all condition information. We now have 49 disabilities and health conditions listed written in accessible child-friendly language.

"My daughter and I sat and read the GDD (Global Developmental Delay) page on the Sibs website and she then made a poster all about it, which was very sweet."

We continue to produce regular monthly spotlight blog posts for young siblings on topics that are important to them such staying well, understanding disability and coping with feeling sad. We also release blogs to coincide with awareness days/weeks such as Mental Health Awareness Week and Carers Rights Day.

#### Trustees' report (continued) for the year ended 31 March 2024

#### Achievements and performance (continued)

Direct support to young siblings (continued)

#### **Events for young siblings**

Our bespoke art sessions which bring together young siblings in online facilitated sessions, continue to be a sellout. 120 children and young people have received art packs this year. The art sessions provide an opportunity for siblings to link to the charity, have fun, spend time with a parent, and feel part of their sibling community. We hosted sessions to coincide with National Siblings Day in April and a specially requested Halloween art session in October.

"She loved making something with a group of other children and the fact it was focused on her."

"It was really good! I really enjoy these sessions. I like the activities and knowing that everyone else there are siblings too."

#### Training and awareness raising with parents and professionals

Parents have continued to contact the charity for guidance on responding to and supporting young siblings at home.

This year we facilitated 28 workshops and events. Through our workshops and email support, 442 parents have improved skills in supporting young siblings. We have been systematically updating Local Offer information across authorities in England. At present Sibs is now featured in 137 out of 148 local offers. This will ensure that more parents and carers are aware of sibling support. Sibs is also listed in the Welsh and Scottish local offer information.

Over this year, we have trained 29 professionals to facilitate a sibling group for young siblings and we have equipped 40 professionals to use our Sibs Talk primary school intervention. We ran our first conference "If Only You Knew" for education professionals in November and launched new resource packs for primary and secondary schools. Sibs Talk Lite offers a range of off the shelf tools for schools to use including films, worksheets, teacher notes and an assembly presentation. Since the launch they have been downloaded over 1,700 times. Through our range of support, we have provided access to training and information for 777 professionals. We are seeing an increase particularly in enquiries from schools and education settings.

We continue to add young sibling groups to our database and note some gaps in coverage across the UK. Our first groups newsletter was sent out in February this year to help better connect young sibling groups and share new ideas.

Our website use has accelerated yet again, with 56,218 unique users from the UK over the last year (and 95,148 users globally) a 23.5% increase on the previous year. Social media following now stands at 24,094 across four platforms, an 11% growth rate on last year.

#### Direct support to adult siblings

#### SibsNetworkUK

Adult sibling support groups continue to be an important offer to allow siblings to connect with their peers, with 604 attendances over the year January to December, providing 168 hours of support. Our #Siblife Facebook group now has over 500 members and gives an alternative support avenue to adult siblings. Our team of volunteer facilitators continue to give their time and skill to increase the offer of support from the charity. In turn, the support we provide to facilitators has been developed to meet changing needs.

Each year we publish an release an annual survey for group facilitators and group members. The results show that 90% of respondents feel less isolated as a result of being part of the group, 83% said the group provided support they could not have received elsewhere. One new group member told us:

"Not much I can tell as I am relatively new, but already the experience to know people understand me in a way nobody else has done before, is unbelievable."

#### Trustees' report (continued) for the year ended 31 March 2024

#### Achievements and performance (continued)

Direct support to adult siblings (continued)

#### Adult sibling support

We have continued to respond to adult siblings needing help – this year receiving 123 separate enquiries. Enquiries encompass both emotional challenges and the need for practical guidance in dealing with complex family issues. In total 238 siblings having received tailored support and information by email and through workshop attendances.

"You made me feel heard, you responded to my concerns for my sister with words of advice, information and support. I truly appreciate the help that you have offered me and feel I'm stronger in moving forward to resolve the issue. Thank you."

"Thank you for all you do. I was so happy when I found your website. I never realized how much I did when I was younger and it's nice that others validate now."

#### Adult sibling day

We ran our first face-to-face Conference for adult siblings in 4 years in October. This was also our first overnight conference offering – with partial grant funding from YHA we were able to host a social evening as well as a full day conference. The day provided a varied programme of personal accounts, legal information, and networking opportunities. This was our largest adult sibling event to date, with 69 adult siblings joining us for the event.

Prior to the day, only 45% felt confident managing their situation as a sibling. After conference that had increased to 88%. Similarly, before the event, 45% of attendees rated their confidence as less than 5/10. After conference that number had dropped to 5%.

"I said to someone at lunch, usually nobody 'gets it'. But here, EVERYBODY 'gets it'! Such a great feeling!"

#### Research

We are strategically committed to investing time into sibling research and have continued working with the University of Sheffield and University of Warwick on research projects this year. We are also involved in an exciting new research piece with the University of Amsterdam. The team have developed a game for young siblings called Broodles. Earlier this year we hosted the research team in the UK in order for them to test the game with British siblings. It is hoped that this may now progress to a larger research project in the UK to support the development and potential rollout of the game.

#### Influencing policy and wider awareness raising

National Siblings Day is our flagship awareness day which takes place on 10<sup>th</sup> April. We had a staggering reach of 37.4 million across social media, a 270% increase on the year before. As part of the celebrations, we offered free giveaways including a film night and books. One of the winners told us "Thank you also to this charity. It has given us a different dialogue at home and an angle we haven't considered before."

Media coverage over the year has been strong, with pieces in The Sun, features on CBBC, Morning Live, ITV's This Morning, Radio 2 and interviews with Radio Ulster and Times Radio. The BBC drama 'Best Interests' also focused strongly on a sibling story and Sibs details were listed as one of the help organisations in relation to the programme.

#### Trustees' report (continued) for the year ended 31 March 2024

#### Achievements and performance (continued)

#### Consultation responses/campaigns

We were delighted to be invited to join a working group to develop the Young Carers Covenant for England. Chaired by Professor Saul Becker, this is a further opportunity to ensure young sibling carers are recognised. The Covenant was published during Young Carers Action Day in March 2024. Sibs submitted a response to the All-Party Parliamentary Inquiry (APPG) into Young Carers and Young Adult Carers. As a result, Sibs was invited to give oral evidence to the APPG in Westminster. Sibs written submission was quoted in the final published report "Being a young carer, you have to choose between your future and the future of the person you care for." Furthermore, The Disability Unit at the Cabinet Office has published a Disability Action Plan. It is encouraging to note that young sibling carers were acknowledged as group needing action and attention. We hope to be able to support any implementation plans moving forward.

#### **Charity Development**

This has been an extremely busy year for our small but dedicated team here at Sibs. We have run two conferences, produced a raft of new resources alongside delivering the day-to-day work of providing unique sibling support. We have refreshed our logo and produced a new leaflet in response to increasing requests for our materials to be displayed at information days and conferences. We are working with photographers to increase our range of sibling publicity materials. The staff team has undertaken Cyber Security Training.

#### **Future Plans**

We are pleased to secure new funding from the Boshier Grant Programme and Awards for All to provide new support for adult siblings over the coming year. This will include a new support offer for adult siblings of autistic people, a range of information sessions and development of our sibling stories collection.

We are continuing to drive awareness about sibling need for support in schools and will endeavour to facilitate events for school practitioners over this coming year. We also intend to do some further work on refreshing our website and carry out audit work on our database.

#### Funding and support

We have been fortunate to build relationships with a number of funders who have now granted repeat funding to sustain our work with siblings of disabled children and adults.

We are grateful to all the donors who have funded Sibs work this year. We want to publicly thank the following:

Awards for All (National Lottery Community Fund)
Berkshire Carers Service
Garfield Weston Foundation
Jeans for Genes
Marsh Charitable Trust
Pears Foundation
SJP Charitable Foundation
The Alchemy Foundation
The True Colours Trust
University of Sheffield
University of Warwick
YHA

We are sincerely grateful to Sibs' supporters and volunteers who have given their time pro-bono to Sibs this year.

#### Trustees' report (continued) for the year ended 31 March 2024

#### **Financial review**

The net expenditure for the year was £3,824, including net expenditure of £31,926 on unrestricted funds and net income of £28,102 on restricted funds.

The trustees have assessed the charity's ability to continue for at least 12 months from the date that the accounts are approved and conclude that no material uncertainties exist that cast significant doubt on the charity's ability to continue as a going concern.

#### Reserves policy

The charity's free reserves, excluding fixed assets, at the year end were £57,657.

The trustees recognise that the level of reserves at the 31<sup>st</sup> March 2024 is less than the six to nine month worth of expenditure target range agreed in our reserves policy. This has been a challenging year economically for the charitable sector and securing unrestricted income has been especially difficult over this financial year. Further efforts will be made over the coming year to ensure that reserves are increased to sit at a minimum of six months expenditure. Based on the 2023/2024 accounts this equates to between £87,248 and £130,873. Trustees will review the position on a quarterly basis.

# Sibs - for brothers and sisters Trustees' report (continued) for the year ended 31 March 2024

#### Statement of trustees' responsibilities

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees report and the financial statements in accordance with the applicable law and UK Accounting Standards.

Company law requires the trustees to prepare financial accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

select suitable accounting policies and apply them consistently;

observe the methods and principles in the Charities SORP;

make judgements and estimates that are reasonable and prudent;

state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;

prepare the accounts on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (Charities SORP (FRS102)), and in accordance with the special provisions of the Companies Act 2006 relating to small companies.

Approved by the board of trustees	s on
Signed:	(Trustee)
Name:	

# Independent examiner's report to the trustees of Sibs - for brothers and sisters

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 31 March 2024, which are set out on pages 10 to 17.

#### Responsibilities and basis of report

As the charity's trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:	Name:	Alan Dodd FCCA
Date:		

West Yorkshire Community Accountancy Service CIO Stringer House 34 Lupton Street Leeds LS10 2QW

Sibs - for brothers and sisters
Statement of Financial Activities
(including summary income and expenditure account)
for the year ended 31 March 2024

Notes							
		2024	2024	2024	2023		
	U	Inrestricted	Restricted	Total	Total		
		funds	funds	funds	funds		
		£	£	£	£		
Income from:							
Grants and donations	(2)	51,179	97,896	149,075	161,478		
External training	, ,	14,076	542	14,618	15,646		
Sibs open workshop		, -	_	, -	591		
Conference income		7,404	_	7,404	1,264		
Bank interest		866	_	866	97		
Sibs products		710	_	710	373		
Total income	•	74,235	98,438	172,673	179,449		
	i	,200		112,010			
Expenditure on:							
Salaries, pensions and NIC	(3)	77,812	56,835	134,647	119,336		
Freelance fees		6,980	-	6,980	9,535		
Staff training		30	-	30	100		
Staff and volunteer travel		151	1,160	1,311	1,413		
Accommodation and subsistence		966	-	966	1,116		
Events for users		9,432	1,355	10,787	16,509		
Office costs and equipment		160	971	1,131	3,822		
Postage		82	329	411	860		
Copying and stationery		1,434	481	1,915	1,744		
Telecommunications and IT		5,186	4,964	10,150	6,305		
Websites		65	2,448	2,513	1,908		
Insurance		-	1,301	1,301	1,260		
Payroll charges		750	-	750	660		
Fundraising		410	492	902	1,935		
Independent examination		1,039	-	1,039	1,039		
Sundry expenses		1,238	-	1,238	772		
DBS and human resources costs		144	-	144	932		
Evaluation and research		282	-	282	-		
Depreciation					1,979		
Total expenditure		106,161	70,336	176,497	171,225		
Net income / (expenditure)	·	(31,926)	28,102	(3,824)	8,224		
Fund balances brought forward		89,583	5,059	94,642	86,418		
Fund balances carried forward	(4)	57,657	33,161	90,818	94,642		

All incoming resources and resources expended derive from continuing activities.

# Sibs - for brothers and sisters Balance sheet

as at 31 March 2024		2024 Unrestricted £	2024 Restricted £	2024 Total £	2023 Total £
Current assets				400	
Debtors and prepayments  Cash at bank	(6)	139 59,175	- 33,161	139 92,336	6,599 90,996
Total current assets		59,314	33,161	92,475	97,595
Current liabilities: amounts falling due within one year					
Creditors and accruals	(7)	1,657		1,657	2,953
Total current liabilities		1,657		1,657	2,953
Net current assets / (liabilities)		57,657	33,161	90,818	94,642
Net assets		57,657	33,161	90,818	94,642
Funds Unrestricted funds Restricted funds		57,657 	- 33,161	57,657 33,161	89,583 5,059
Total funds		57,657	33,161	90,818	94,642

For the year ending 31 March 2024 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476. The trustees (who are also the directors for the purposes of company law) acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and with FRS 102 (effective January 2019).

The financial statements were approved by the board of trustees on				
Signed:	(Trustee)			
Name:				

## Sibs - for brothers and sisters Notes to the accounts for the year ended 31 March 2024

#### 1 Accounting policies

#### **Basis of accounting**

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

#### Going concern

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

#### Incoming resources

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources, if it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

#### **Grants and donations**

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

#### **Expenditure and liabilities**

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out the resources and the amount of the obligation can be measured with reasonable certainty.

#### **Taxation**

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

#### Tangible fixed assets

Tangible fixed assets costing more than £1,000 are capitalised and included at cost including any incidental expenses of acquisition. Gifted assets are shown at the value to the charity on receipt. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost on a straight line basis over their expected useful economic lives as follows:

Computer equipment: over 3 years

#### **Pensions**

The charity operates a defined contribution scheme for the benefit of its employees. The costs of contributions are recognised in the year they are payable.

## Sibs - for brothers and sisters Notes to the accounts for the year ended 31 March 2024

#### 1 Accounting policies continued

#### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

# Sibs - for brothers and sisters Notes to the accounts continued for the year ended 31 March 2024

2 Grants and donations		2024	2024	2024	2023
		Unrestricted	Restricted	Total	Total
		funds	funds £	funds £	funds
Garfield Weston Foundation		£ 15,000	£	15,000	£ 15,000
Marsh Charitable Trust		600	-	600	500
Pears Foundation		20,000	_	20,000	20,000
The 10 per cent Foundation		20,000	500	500	20,000
The Alchemy Foundation		_	1,000	1,000	_
The Boshier Grant		_	18,500	18,500	_
The True Colours Trust		-	62,496	62,496	60,914
Carers Trust		-	-	-	21,500
Jeans for Genes		-	-	-	2,500
St James's Place (SJP) Charitable F	oundation	-	-	-	5,000
The National Lottery Community Fu		-	15,400	15,400	9,750
University of Warwick		-	, -	, <u>-</u>	4,000
Other donations		15,579	-	15,579	22,314
		51,179	97,896	149,075	161,478
		,	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	-,-	- ,
3 Staff costs and numbers				2024	2023
				£	£
Gross salaries				123,332	111,218
Social security costs				10,759	10,417
Employment allowance				(5,000)	(5,000)
Pensions				5,556	2,701
				134,647	119,336
The average number of employees 4.5, 3.2 FTE). There were no emplo				.4 full time equ	uivalent (2023:
Defined contribution pension sch	eme			2024	2023
				£	£
Costs of the scheme to the charity for				5,556	2,701
Amount of any contributions outstan	ding at the yea	ar end		618	538
4 Restricted funds	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
	£	£	£	£	£
Berkshire Carers	130	-	130	-	-
Jeans for Genes	2,500	_	2,500	_	_
SJP Charitable Foundation	85	-	85	-	-
The Alchemy Foundation	-	1,000	375	-	625
The Boshier Grant	-	18,500	4,250	-	14,250
National Lottery Community Fund	-	15,400	-	-	15,400
The Ten Percent Foundation	-	500	500	-	-
True Colours Trust	-	62,496	62,496	-	-
University of Sheffield	2,344	542	-	-	2,886
•					

98,438

70,336

5,059

# Sibs - for brothers and sisters Notes to the accounts continued for the year ended 31 March 2024

### 4 Restricted funds (Continued)

Fund name Berkshire Carers	Purpose of restriction Adult sibling carers of people with learning disabilities and/or autism in Berkshire.
Jeans for Genes	To fund the following elements of young sibling work: Spotlight Blog and to extend information on genetic conditions in the Young Sibs Directory.
SJP Charitable Foundation The Alchemy Foundation The Boshier Grant	To support the siblings of disabled children aged 7-17.  Art sessions for young siblings  From the National Autistic Society - Funding Confident Caring project for adult siblings of disabled people
National Lottery Community Fund The Ten Percent Foundation True Colours Trust University of Sheffield	Support for adult siblings of disabled people Support for art sessions for young siblings To support the costs of the CEO and core office costs To support the projects entitled 'Tired of spinning plates' and 'We don't know what we don't know: exploring social care on the margins'.

5 Tangible assets	Computer Equipment	Total
Cost	£	£
At 1 April 2023	5,939	5,939
Additions	-	-
At 31 March 2024	5,939	5,939
<u>Depreciation</u>		
At 1 April 2023	5,939	5,939
Charge for year	-	-
At 31 March 2024	5,939	5,939
Net book value		
At 31 March 2024		-
At 1 April 2023		
•		
6 Debtors and prepayments	2024	2023
	£	£
Debtors	139	3,179
Prepayments		3,420
	139	6,599

## Sibs - for brothers and sisters Notes to the accounts continued for the year ended 31 March 2024

7 Creditors and accruals	2024	2023
	£	£
Accruals	1,039	1,113
Deferred income (see note below for analysis)	-	1,840
Other creditors	618	
	1,657	2,953
	D ( ) (	5.
8 Deferred income	Deferred to	Released
	next year	from last
	•	year
	£	£
External training		1,840
		1,840

Item name Reason for deferral

External training Income received in advance of delivery

#### 9 Related party transactions

#### Trustee expenses

No trustee received any expenses during this year or the previous year.

#### Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.

#### Remuneration and benefits received by key management personnel

The total employee benefits received by key management personnel were £58,135 (previous year: £54,667).

Sibs - for brothers and sisters
Statement of Financial Activities including comparatives for all funds
(including summary income and expenditure account)
for the year ended 31 March 2024

Income	2024 Unrestricted funds £	2023 Unrestricted funds £	2024 Restricted funds £	2023 Restricted funds £	2024 Total funds £	2023 Total funds £
Grants and donations	51,179	57,814	97,896	103,664	149,075	161,478
External training	14,076	13,302	542	2,344	14,618	15,646
Sibs open workshop	-	591	-	-	-	591
Conference income	7,404	1,264	-	-	7,404	1,264
Bank interest	866	97	-	-	866	97
Sibs products	710	373			710	373
Total income	74,235	73,441	98,438	106,008	172,673	179,449
Expenditure						
Salaries, pensions and NIC	77,812	37,304	56,835	82,032	134,647	119,336
Freelance fees	6,980	7,585	-	1,950	6,980	9,535
Staff training	30	100	-	-	30	100
Staff and volunteer travel	151	18	1,160	1,395	1,311	1,413
Accommodation and subsistence	966	330	-	786	966	1,116
Events for users	9,432	2,876	1,355	13,633	10,787	16,509
Office costs and equipment	160	2,864	971	958	1,131	3,822
Postage	82	62	329	798	411	860
Copying and stationery	1,434	1,155	481	589	1,915	1,744
Telecommunications and IT	5,186	642	4,964	5,663	10,150	6,305
Websites	65	-	2,448	1,908	2,513	1,908
Insurance	-	-	1,301	1,260	1,301	1,260
Payroll charges	750	660	-	-	750	660
Fundraising	410	1,461	492	474	902	1,935
Independent examination	1,039	1,039	-	-	1,039	1,039
Sundry expenses	1,238	772	-	-	1,238	772
DBS and human resources costs	144	932	-	-	144	932
Evaluation and research	282	-	-	-	282	-
Depreciation		1,979				1,979
Total expenditure	106,161	59,779	70,336	111,446	176,497_	171,225
Net income / (expenditure)	(31,926)	13,662	28,102	(5,438)	(3,824)	8,224
Fund balances brought forward	89,583	75,921	5,059	10,497	94,642	86,418
Fund balances carried forward	57,657	89,583	33,161	5,059	90,818	94,642