

Book List for Siblings

These books are available from most retailers, but you may prefer to borrow them from your local library to save money and explore a wider selection.

Early Years	Author	Seller	Price	Brief description
Autism				
My Big Brother	Leo Johnson	Amazon	£8.99	This illustrated story is aimed to help children become aware of autism and how it may be displayed among their peers. (2-8 years)
My Brother Otto Book 1 of 2	Meg Raby & Elisa Pallmer	Amazon	£7.25 £12.15 hardback	This picture book shows everyday life with little crow siblings when one of them is autistic. (3-5 years)
My Brother Otto and the Birthday Party	Meg Raby & Elisa Pallmer	Amazon	£5.10 hardback	This picture book shows how two little crow siblings, one of them autistic, deal with the different sensory experiences they encounter at a friend's birthday party. (3-5 years)
Down's Syndrome				
Eyes Different than Mine	Erin Johnson	Amazon	£10.52	This book looks at the relationship between a sibling and her baby brother with Down's Syndrome. (ages 1-7 years)
Emotions				
The Colour Monster	Anna Llenas	Amazon	£7.99	A gentle exploration of feelings with The Colour Monster. (2-7 years)
Hospital Stay				
Doctors Help Baby Book 1 of 2	Jenna Pratt	Amazon	£14.99	This is the first book in a series designed to help you navigate the hospital experience with young children so they can better understand what is happening to their brother/sister and process their emotions. (2-5 years)
Baby has a Boo Boo Book 2 of 2	Jenna Pratt	Amazon	£14.99	Hospital Stay is the second book in a series designed to assist parents and family walk young children through a younger sibling's hospital stay for a Congenital heart Defect. (2-5 years)

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Just because	Rebecca Elliot	Amazon	£5.99	A book about a sibling with a brother with additional needs. (3-5 years)
Sometimes	Rebecca Elliot	Amazon	£5.99	A sequel to <i>Just Because</i> , about a hospital stay. (3-5 years)
Siblings				
Talking is not my thing	Rose Robbins	Amazon	£7.99	Features sibling: The autistic sister in this sibling pair is non-verbal but she finds plenty of ways to communicate and have fun with her brother. (3-7 years)
Me and My Sister	Rose Robbins	Amazon	£8.99	A celebration of the highs and lows of having a much loved but differently abled brother or sister. (3-7 years)
Young Carers				
Young Carers in Bunnyland	Ana Graca	Young Carers in Bunnyland - Picturebook — Ana Graca - Pixieana	Download for free	A picture booklet about really young, young carers. (4 – 8 years)
Young Carers in Space	Ana Graca	/www.youngcarersillustrations.com/post/kamishibai-paper-theatre	Download for free	A picture booklet about really young, young carers. (4 – 8 years)

Key stage 1 & 2				
ADHD				
All Dogs have ADHD	Kathy Hoopman	Amazon	£11.95	An engaging, gentle introduction to ADHD - colour photographs of dogs bring to life familiar ADHD characteristics such as being restless and excitable, getting easily distracted, and acting on impulse. (7 years+)
Autism				
The space we're in	Katya Balen	Amazon	£6.69	A story about a sibling with a brother with additional needs and the impact on his life. (9-11 years)
Leah's Voice	Lori DeMonia	Amazon	£12.42	This is a story of the challenges of explaining to friends how it is to have a brother or sister with additional needs and the possible disappointment when friends aren't more understanding. (8-12 years)
My brother Sammy is special	Becky Edwards	Amazon	£3.70	This book portrays life with an autistic child in the family. (3-6 years)
What about me?	Brennan Farmer	Amazon	£9.50	This story is about a 7-year-old sibling of an autistic child. (4-8 years)
All Cats Are on the Autism Spectrum	Kathy Hoopman	Amazon	£7.99	An engaging, gentle introduction to autism – colour photographs of cats bring to life common characteristics of Autism, such as sensory sensitivities, social issues and communication difficulties. (7 years+)
A Sibling's Guide to Autism	Irene Kim	Amazon	£7.06	In this book 16-year-old Irene explains to her younger sister what it is like having a brother who is autistic. (8-12 years)
Rules	Cynthia Lord	Amazon	£5.14	A book about a 12-year-old sibling with an autistic brother who often feels ignored by her parents. (9-12 years)
My brother is special, my brother has autism	Marta M Schmidt-Mendez	Amazon	£33.87	This book was written for children impacted by the diagnosis of someone in their family. (4-8 years)

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Can You See Me?	Libby Scott & Rebecca Westcott	Amazon	£7.35	Diary entries written by eleven-year-old Libby Scott, based on her own experiences of autism, this pioneering book, written in collaboration with esteemed author Rebecca Westcott. (9+ years)
My sister is special, my sister has autism	Marta M Schmidt-Mendez	Amazon	£7.57	This book is the story of a young boy who realises his sister is different from other children, how she is changing and becoming less verbal than she was, until she receives a diagnosis of autism. (5-6 years)
I see things differently	Pat Thomas	Book Depository	£8.27	This picture book explains what autism is in simple terms, helping children with brothers, sisters or classmates who are autistic, understand what everyday life feels like from their perspective. (5-7 years)
Autism in my family	Sandra Tucker	Amazon	£13.99	Autism in my family - a journal for siblings of children with ASD. (8-12 years)
Autism/Neurodiversity/Siblings				
Everybody is different	Fiona Bleach	Amazon	£19.59	This book gives answers to the many questions siblings of autistic brothers or sisters may have, including a description of the characteristics of autism. (8-12 years)
Me and Mister P	Maria Farrer	Amazon	£5.99	A story about a sibling with a brother with additional needs. (6-9 years)
Benji, the bad day and me	Sally Pla	Amazon	£18.39 - hardback	In this story about siblings, the author, shares her experience of raising sons with different personality traits and needs (neurodiverse siblings). (5-9 years)
Wonderfully Wired Brains: An Introduction to the World of Neurodiversity	Louise Gooding & Ruth Burrows	Amazon		Teaches children all about the awesome abilities that neurodiverse individuals have, introduces them to advocates who are challenging neurodiversity stereotypes, and gives them a safe space to feel accepted (7-9 years)

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Disability				
Special Brothers & Sisters	Monica McCaffrey	Amazon	£11.39	Disability/siblings: This book is a collection of real-life accounts from the siblings of children with special needs, disability or serious illness, ranging in age from 3 to 18 years. (7+ years)
Perfect	Nicola Davies	Amazon	£6.47	This book is an ideal way to open the subject of disability with children. (3-6 years)
The Other Kid (workbook)	Lorraine Donlon	Amazon	£14.74	Parents and sibling support group leaders can use this workbook as a tool to help siblings of children with additional/ special needs express all their wonders and worries. (approx. 6-10 years)
Billy's Sister: Life when your sister has a disability	Jessica Leving	Amazon	£10.27	Disability/siblings: This book is based on the authors real life experiences and explores the relationship between siblings with different needs. (approx. 4-8 years)
My Sibling Story	Jessica Leving	Amazon	£8.84	This activity book is a companion workbook to <i>Billy's Sister: Life when your sibling has a disability</i> . (approx. 4-8 years)
Sleepovers	Jacqueline Wilson	Amazon	£7.29	This book explores bullying, disability and friendship. (7-10 years)
The Best Sleepover in the World	Jacqueline Wilson	Amazon	£7.35	The sequel to the book <i>Sleepovers</i> . This book looks at friendship and siblings. (7-10 years)
Cancer				
Parker's pockets	Gemma Huckstep	Waterstones/ Amazon	£5.99	<i>Parker's Pockets</i> is a story for children of all ages whose sibling has been diagnosed with an illness such as cancer. (designed for all ages)
Cerebral Palsy				
My brother is special	Murray Stenton	Amazon	£19.95	This book looks at some of the difficulties siblings of special needs children experience every day. (4-8 years)

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Cystic Fibrosis				
Ghosts	Raina Telgemeier	Amazon	£10.39	A story about two sisters moving home to cater for the needs of the younger sister with cystic fibrosis. (8-12 years)
Down's Syndrome				
I love you Natty	Hayley Gowenioska	Amazon	£3.99	This illustrated book is for families welcoming a new baby with Trisomy 21 into their midst. Also, for teachers discussing inclusion and for medical professionals helping families with a recent diagnosis. (ages 6+)
Dyspraxia & Sensory Processing Disorder				
Emily's sister	Michele Gianetti	Amazon	£7.92	In this illustrated story, based upon real family experience, Emily discovers how to understand and help her sister. (7-9 years)
Emotions				
Listening to My Body	Gabi Garcia	Amazon	£8.58	A guide to helping children understand the connection between their sensations and feelings so that they can get better at working out what they need. (3-8 years)
Teach Your Dragon About Feelings	Steve Herman	Amazon	£9.99	A Story About Emotions and Feelings (4-10 years). There are lots of books in the series e.g. Train your angry dragon
How Are You Feeling Today?	Molly Potter & Sarah Jennings	Amazon	£7.99	A picture book to help children understand their emotions (5-8 years).
Ravi's Roar	Tom Percival	Amazon	£7.99	A picture book about dealing with difficult emotions (there are lots of other books in the 'Big Bright Feelings' series). (4-8 years)
Facial abnormality				
Wonder	R J Palacio	Amazon	£4.00	This book is about a child born with a facial abnormality and tracks his journey starting school and making friends. (9-11 years)

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Hearing Impairment				
My Brother John	Joanne Zellweger	Amazon	£4.26	Written from a sibling's perspective and raises some of the basic issues the hearing sibling faces with having a brother who is deaf and uses a cochlear implant and hearing aid. (4-7 years)
Rett syndrome				
Forever Be	Kerry Hall	Amazon	£5.99	A story of three siblings who have very different needs. (5-8 years)
Sensory Processing Disorder				
Don't Rush Me!	Chynna Laird	Amazon	£10.46	A story about a sibling with older and younger brothers and sisters with special needs. (4-7 years)
Love for Logan	Lauri De Monia	Amazon	£12.21	This story is based on the relationship between two sisters. One with additional needs. (4-8 years)
My brother is an astronaut	Michelle Rundle	Amazon	£1.99 - Kindle	Sensory needs - The story was written by an occupational therapist to support children, families and professionals to help understand the impact of living with sensory needs. (6-8 years)
Sibling life/experiences				
Views from our shoes	Don Meyer	Amazon	£18.48	45 siblings share their experiences as the brother or sister of someone with a disability. The children range from four to eighteen and are the siblings of youngsters with a variety of special needs, including autism, cerebral palsy, developmental delays, ADD, hydrocephalus, visual and hearing impairments, Down's and Tourette syndromes. (9-12 years)
Sammy Rocket: Harnessing The Power Of Family: Super Hero Siblings Triumph Through Turmoil	Jess Walker	Amazon	£10	A story for siblings of children with additional needs. (3-8 years)

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Special Needs				
Oh Brother!	Natalie Hale	Amazon	£9.95	This book discusses friendships, quality time with parents and the relationships between a sibling and their brother/sister with special needs. (8-13 years)
Lark	Anthony McGowan	Amazon	£7.09	A story of two brothers' relationship with each other and their mother. (10+ years)
Young Carers				
Caterpillar Summer	Gillian McDunn	Amazon	£6.99	Siblings as young carers (age 8-12).
Key stage 3-4				
Autism				
I'm a teenager. Get me out of here	Carolyn Brock	Published by NAS Amazon	£6 £4.37	A Survival Guide for the Teenage Siblings of Young People with Autism. (Approx ages 12-18)
Autism: The Invisible Cord	Barbara S Cain	Amazon	£7.52	A book about a sibling, her relationship with her autistic brother and her opportunity to consider her own needs. (Approx 12-18 years)
Running Full Tilt	Michael Currinder	Amazon	£7.36 Kindle £10.50 pb	A story about a sibling and his autistic brother. (12+ years)
The Boy Who Steals Houses	C G Drews	Amazon	£7.82	Sam is only fifteen but he and his autistic older brother, Avery, have been abandoned by every relative he's ever known. Now Sam's trying to build a new life for them. (Approx 12+ years)
Too close to Home	Aoife Walsh	Amazon	£7.99	A look at a sibling's relationships with her best friend, school mates, autistic sister and her parents. (12-17 years)
The Sound of Letting Go	Stasia Ward Kehoe	Amazon	Kindle £5.49 £18.69 hb	A 16-year-old sibling to an autistic brother's change in behaviour when decisions are made without her being included. (Approx 12+ years)

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Anorexia				
Skinny	Ibi Kaslik	Amazon	£16.82	Holly's older sister, Giselle, is self-destructing and gripped by anorexia. (Approx 14+ years)
Disability				
Red Sky in the Morning	Elizabeth Laird	Amazon	£6.99	The relationship between a sibling and disabled brother and her school mates' responses when they find out. (Approx 11 – 15 years)
Down's Syndrome				
A storm of Strawberries	Jo Cotterill	Amazon	£6.99	Looks at the relationship between sisters, one has Down's Syndrome. (Approx 9-14 years)
Fasten Your Seatbelt	Brian Skotko	Amazon	£7.30	This is the first book written exclusively for teens with a brother or sister with Down's syndrome. It tackles a broad range of their most common issues and concerns. All posed by teen siblings. (Approx 10-14 years)
Emotions				
No Worries: How to Deal With Teenage Anxiety	Nicola Morgan	Amazon	£7.99	From understanding how anxiety works, to building strategies to calm the body and mind, this guide equips young people with the tools to tackle their worries and thrive. (11-18 years)
Positively Teenage: A positively brilliant guide to teenage well-being	Nicola Morgan	Amazon	£8.99	Tools to approach your teenage years with optimism and understanding and to develop wellbeing for life. (11-18 years)

Please note: All prices correct at the time this list was created and may be subject to change.